



# Journal

## Chapter 1: GOD

### Personal Study

Every session in *Believe* contains a personal study to help you make meaningful connections between your life and what you're learning each week. Take some time before your group meeting each week to read the assigned chapter from *Believe* and complete the weekly personal study. In total, the personal study should take about one hour to complete. Some people like to spread it out, devoting about ten to fifteen minutes a day. Others choose one larger block of time during the week to work through the entire personal study in one sitting. There's no right or wrong way to do this! Just choose a plan that best fits your needs and schedule from week to week.

This week before your group meeting, read *Believe, Chapter 1: God*. Then spend some time allowing the Scripture to take root in your heart and reflecting on what you personally believe about who God is.

### Read

Read *Believe Chapter 1: God* and answer the following questions.

1. What patterns do you observe in these Scriptures?

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2. As you read these passages, what questions came to mind?

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3. What did you read that surprised you?

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Challenged you? \_\_\_\_\_

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Inspired you? \_\_\_\_\_

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Confused you? \_\_\_\_\_

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4. On numerous occasions the Israelites struggled to follow God only. In what ways can you relate to them?

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5. Why do you think Joshua was able to confidently put his faith in God alone, while others struggled with divided hearts?

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6. In your own words, describe how God can be “three” and “one.”

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### **Evaluate**

*Based on your reading from Believe, Chapter 1: God, evaluate your level of confidence in the statements below, using a scale of 1–6 (1 = no confidence, 6 = complete certainty).*

\_\_\_\_\_ I believe the God of the Bible is the only true God.

\_\_\_\_\_ I believe the God of the Bible is one in essence but distinct in person—Father, Son, and Holy Spirit.

\_\_\_\_\_ I believe Jesus is God in the flesh—who died and rose bodily from the dead.

\_\_\_\_\_ I believe the Holy Spirit is God and dwells in Christians to empower them to live the Christian life.

**Take Action**

*Memorizing Scripture is a valuable discipline for all believers to exercise. Spend a few minutes each day committing this week's Key Verse to memory.*

**Key Verse:** “May the grace of the Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit be with you all.” (2 Corinthians 13:14)

*Recite this week's Key Idea out loud. As you do, ask yourself, does my life reflect this statement?*

**Key Idea:** I believe the God of the Bible is the one true God—Father, Son, and Holy Spirit.

*Answer the following questions to help you apply this week's Key Idea to your own life.*

1. What behaviors help you recognize someone who believes the God of the Bible is the one true God?

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2. What, if anything, hinders you from fully putting your faith solely in the God of the Bible?

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3. What is something you can do this week to demonstrate your belief in the one true God?

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**Journal**

*Bring this study guide with you to church and use the following space to take notes from the pastor's or teacher's message.*

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