



Journal

Chapter 15: TOTAL SURRENDER

Personal Study

Last week you examined the practice of single-mindedness. Perhaps you learned how important it is to fix your focus on God alone. This week before your group meeting, read *Believe, Chapter 15: Total Surrender*. Then spend some time allowing the Scripture to take root in your heart; evaluate your commitment to follow the King of Kings no matter the cost.

Read

Read *Believe, Chapter 15: Total Surrender* and answer the following questions.

1. Describe the common patterns found in these verses.

2. As you read this chapter, what questions came to your attention?

3. What did you read that astonished you?

Confronted you? _____

Motivated you? _____

4. Which story from this chapter encouraged you most? Why?

5. In what ways can your daily activities be an act of service to God?

6. Of all the stories of surrender you just read, which one can you relate to most? Why?

Evaluate

Based on your reading from Believe, Chapter 15: Total Surrender, evaluate your level of confidence in the statements below, using a 1–6 scale (1 = no confidence, 6 = complete certainty).

- _____ I am living out God’s purposes for my life.
- _____ I serve God through my daily work.
- _____ I give away things I possess, when I am so led by God.
- _____ I give up what I want to meet the needs of others.

Take Action

Memorizing Scripture is a valuable discipline for all believers to exercise. Spend a few minutes each day committing this week’s Key Verse to memory.

Key Verse: “Therefore, I urge you, brothers and sisters, in view of God’s mercy, to offer your bodies as a living sacrifice, holy and pleasing to God — this is your true and proper worship.” (Romans 12:1)

Recite this week’s Key Idea out loud. As you do, ask yourself, “Does my life reflect this statement?”

Key Idea: I dedicate my life to God’s purposes.

Answer the following questions to help you apply this week’s Key Idea to your own life.

1. How could this practice express itself in your life?

2. What visible attributes can be found in someone who is totally surrendered to God?

3. What is impeding your ability fully submit your life to God’s purposes?

How can you overcome this obstacle?

4. What action step can you take this week to move closer to a life that is entirely surrendered to God?
